



Phonemic Awareness

Phonemic awareness is hearing, identifying, and manipulating individual sounds in words. It is a foundational skill for reading. Use these fun and simple activities to help your child become aware of different sounds in words!

1. Environmental Sounds Game

Objective: To build listening and sound discrimination skills.

1. Sit with your child in a quiet room.
2. Play or imitate different sounds (e.g., clapping, tapping a table, ringing a bell, or opening a door). Encourage the child to copy the sound with the same rhythm and speed.
3. Ask your child to guess the sound they heard. In case the child is still learning different animals or objects, then you can also combine this step with picture cards.
4. Make it fun by praising their effort and saying, "Great job! That was the bell ringing."

Tip: Take this activity outdoors! Listen for birds, cars, or dogs barking.

2. Clap the Syllables

Objective: To help your child understand that words are made up of smaller parts (syllables).

1. Say a word slowly (e.g., "ba-na-na").
2. Clap for each syllable as you say it.
3. Ask your child to clap along with you.
4. Try other words like "ap-ple," "car," or "sun-shine."

Bonus: Turn it into a game by asking them to guess how many claps a word will have before you say it.

3. Sound Treasure Hunt

Objective: To help your child identify beginning sounds in words.

1. Choose a sound, like "S." Say, "Let's find things that start with the /s/ sound."
2. Look around the house for objects that start with the chosen sound (e.g., sock, spoon, soap).
3. Place the objects in a basket or box as your child finds them.
4. Praise your child's effort: "Wow, you found a sock! That starts with /s/."

Variation: Repeat with other sounds like /b/, /m/, or /t/.

4. What's the First Sound?

Objective: To help your child hear the initial sound in a word.

1. Say a simple word like "cat."
2. Ask, "What's the first sound you hear in 'cat'?"
3. Encourage your child to say the sound: "/k/."
4. Try other simple words like "dog," "sun," and "ball."

Tip: If your child struggles, emphasize the first sound: "C-C-Cat."

5. Rhyme Time Fun

Objective: To develop awareness of rhyming words.

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1. Say two words (e.g., “cat” and “hat”) and ask, “Do these words rhyme?”
 2. If they rhyme, clap together. If not, shake your heads and say, “No, they don’t rhyme.”
 3. Give your child a chance to come up with rhyming words (they can be silly!).
 4. Example: Say, “What rhymes with ‘dog’?” Encourage responses like “fog” or even nonsense words like “wog.”
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6. Sound Stretching Game

Objective: To help your child hear individual sounds in words.

1. Say a word slowly, stretching the sounds: “Mmmm-a-t.”
 2. Ask your child to repeat the sounds with you.
 3. Blend the sounds together: “What word do those sounds make?” (Answer: “mat”).
 4. Try other simple words like “c-a-t” (cat) or “p-i-g” (pig).
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7. Sing and Play

Objective: To make sound awareness enjoyable through songs.

1. Sing nursery rhymes like “Baa Baa Black Sheep” or “Twinkle Twinkle Little Star.”
2. Emphasize rhyming words as you sing.
3. Ask your child to repeat the rhyming words after you.

Example: In “Baa Baa Black Sheep,” highlight “sheep” and “keep.”



Tips for Parents

- Keep activities short (5-10 minutes) to match your child’s attention span.
- Use a cheerful tone and praise often to build confidence.
- Repeat activities regularly to reinforce skills.
- Follow your child’s pace; don’t rush through the steps.

With these simple activities, you’ll help your child build the skills they need to identify and play with sounds in words—a big step toward becoming a confident reader!

For more information feel free to book your session by emailing us at ahujataniya89@gmail.com or directly call +91-721-786-1476.